



Herbasaur's Chewable Elderberry Plus

Stock #3300-9 (60 Dinotabs)

Herbasaur's Chewable Elderberry Plus is designed for children to improve their immunity and help relieve upper respiratory infections, including allergies, colds, fever, and flu. Herbasaur's Elderberry Plus is especially helpful during seasonal changes, when the most colds, coughs and viral infections occur, as well as during spring allergy season. For maximum effectiveness, Herbasaur's Elderberry Plus can be taken daily as a preventative measure.

Herbasaur's Chewable Elderberry Plus contains elderberry fruit concentrate, reishi mushroom and astragalus root, as well as ample amounts of vitamins A and C, iron and potassium.

These chewable "dinotabs" are naturally flavored with elderberry, lemon and lime, and naturally sweetened with fructose, mannitol and sorbitol. All of the Herbasaur's products are free of any artificial colors, flavors, sweeteners, starches or preservatives.

Elderberry is commonly used in Europe for various cold symptoms, including sore throat, as it helps expel bronchial mucus, relieves respiratory inflammation, and contains a substance which removes toxins from colds. Elderberry promotes perspiration in the event of a fever to help bring down temperatures. This herb is also a natural diuretic which reduces swelling common in childhood diseases. Elderberry is rich in vitamins A and C, both of which are known to strengthen immunity against diseases, and iron, needed by the body to manufacture enzymes and oxidants that destroy bacteria known to cause colds. Elderberry has been studied for use with a wide range of infections, but seems especially beneficial for inner-ear, respiratory, sinus and throat problems.

Reishi mushroom has a long history of use for strengthening a weakened immune system, speeding recovery from illness, and increasing overall health. Reishi mushroom contains a rich supply of terpenoids which promote the body's resistance to stress, thus confirming its role as an adaptogen. Reishi mushroom has been shown to inhibit the growth of bacteria and increase immunity against viral infections. Research shows this medicinal mushroom is effective against allergies, asthma, chronic bronchitis, coughs, as well as calming the central nervous system and easing pain.

Astragalus helps stimulate circulation, enhances white blood cell and immune function, increases cardiac function while reducing blood pressure, and strengthens the body where there is weakness or convalescence. In China, astragalus has long been used to stimulate immunity and resistance to disease, and to fight respiratory and urinary tract infections. Chinese studies show this herb increases energy, improves digestion and reduces recovery time from chemotherapy and radiation. Astragalus also improves "wasting" conditions and is particularly beneficial for children due to its mild adaptogenic properties.