

Horsetail

This Herb Stands the Test of Time

Joint grass, shave grass, bottle brush, Dutch rushes, scouring rush, bull pipes, pewterwort, devil's guts, paddock guts.... So many names exist for one of the oldest herbs known to man. Horsetail, from the Equisetaceae family, has been found in 300 million-year-old fossils. That means Mother Nature has had plenty of time to perfect the benefits of this plant. So, whatever name you give it, you can be sure NSP Horsetail offers an array of benefits that will stand the test of time.



BENEFITS

- Provides nutritional to support the urinary and respiratory tracts.
- Supports the skin and connective tissue.
- Strengthens hair and nails.
- Is rich in minerals, especially organic silica and selenium.
- May help coagulate blood during bleeding.

NSP ADVANTAGE

NSP Horsetail is guaranteed to be the finest available anywhere, packaged in preservative-free capsules to ensure that you're getting optimal nutrients without unwanted substances.

HOW IT WORKS

Horsetail plant contains the highest amount of silicon of all known herbs. In addition to silicon, horsetail contains large amounts of potassium, aconitic acid, equiaitinee, starch and many fatty acids, which may offer additional nutritional benefits.

INGREDIENTS

Each capsule of Nature's Sunshine's Horsetail contains 360 mg horsetail herb.

RECOMMENDED USE

Take 2 capsules with meals three times daily.

COMPLEMENTARY PRODUCTS

- **Nutritional:** Herbal CA, Glucosamine, Chondroitin, Cranberry/Buchu Combination.
- **Homeopathic:** Allergy.
- **Essential Oils:** Deep Relief.

Horsetail (100 capsules)

Stock No. 390-2



Contact your local NSP Herb Specialist: