

Men's Formula

Improve Manly Performance Naturally

Once a man reaches 40, he faces a whole new world of health concerns. Plenty of rest, exercise and good nutrition take on a greater sense of urgency for men arriving at middle age who want to maintain top performance and well-being.

Designed especially for men, Men's Formula takes advantage of thousands of years of personal experience and common sense. It's formulated to contain essential nutrients for optimal glandular system function, and it's specifically targeted for the needs of the prostate gland.



BENEFITS

- Provides nutritional support for the prostate gland and the entire male glandular system.
- Contains the antioxidant, lycopene, which studies suggest may have a beneficial effect on prostate health.

NSP ADVANTAGE

Standardized extracts of saw palmetto, pygeum, lycopene and nettle ensure consistent nutrient content and predictability. Men's Formula is concentrated for maximum potency.

INGREDIENTS

Each capsule of Men's Formula contains:

- 190 mg of saw palmetto extract (*Serenoa repens*) standardized to 20 percent essential fatty acids. Native Americans found the saw palmetto fruit to support the glandular, urinary and digestive systems.
- 54 mg pygeum extract (*Prunus africana*) standardized to 2.5 percent total sterols, calculated as beta-sitosterol. This herb has been popular among men in Africa and Europe for many years.
- 35 mg of standardized lycopene beadlets, a powerful antioxidant;
- 10 mg of stinging nettle extract (*Urtica dioica*) standardized to 2 percent plant silica;
- 115 mg of gotu kola herb (*Hydrocotyle asiatica*), which supports the nervous system and promotes endurance;
- 5 mg of zinc, an important mineral for men.

RECOMMENDED USE

Take six capsules per day—three with breakfast and three with dinner.

COMPLEMENTARY PRODUCTS

- Nutritional: PS II, Vitamin E, Eleuthero, Zinc.

Men's Formula (60)
Stock No. 3112-7



Contact your local NSP Herb Specialist: