

Nervous Fatigue Formula

Invigorate, Nourish and Balance the Mind and Heart

It's easy to let the pace of modern life upset the delicate balances of your nervous system.

That's why Nature's Sunshine offers Nervous Fatigue Formula, a combination of 18 herbs that provide support to the nervous and circulatory systems and act as a general nerve and heart tonic to keep you in top shape. Known

as Yang Xin® by Chinese herbalists, Nervous Fatigue Formula strengthens the body's ability to respond to forces and agents that otherwise weaken it.



BENEFITS

- Promotes feelings of well-being.
- Nourishes the circulatory system.
- Soothes and supports the nervous system.
- Invigorates the body.

NSP ADVANTAGE

Nervous Fatigue Formula is a unique formula offered only by Nature's Sunshine. It is a special Chinese blend introduced by renowned herbalist Dr. Subhuti Dharmananda.

INGREDIENTS

Nervous Fatigue Formula combines 18 herbs that support the nervous and circulatory systems.

Biota seed contains aromatic compounds that have a sedative effect. These compounds also have a mild laxative effect.

Jujuba seed contains bitter compounds that help promote relaxation.

Schizandra fruit, a supporting herb in this formula, allows the body to respond quickly to

stress, thus increasing the body's capacity to work. Its bitter compounds also support circulation.

Panax ginseng acts as an adaptogen to help maintain balance in the body and help the body adapt to stress.

Nervous Fatigue Formula also contains cistanche stem, succinum amber, cuscuta seed, acorus rhizome, ophiopogon root tuber, rehmannia root tuber, dang gui root, lycium fruit, polygala root, dioscorea rhizome, lotus seed, astragalus root, hoelen sclerotium and polygonatum rhizome.

RECOMMENDED USE

Take 3 capsules three times daily.

TCM: Take 2 capsules a day.

USER CARE

Pregnant or lactating women should consult their health care provider prior to taking this supplement.

COMPARISON

Each capsule of Chinese Nervous Fatigue Formula TCM Concentrate is equivalent to 4 capsules of regular Chinese Nervous Fatigue Formula Combination. TCM denotes Traditional Chinese Medicine.

COMPLEMENTARY PRODUCTS

- **Nutritional:** HS II®, Co-Q10, l-Carnitine, Ginkgo & Hawthorn Combination, Capsicum & Garlic w/Parsley.
- **Homeopathic:** Nervousness, Fatigue/Exhaustion.
- **Essential Oils:** Ylang Ylang Complete BIO, Pine Needle, Rosemary.

Nervous Fatigue Formula (100 capsules)

Stock No. 1884-7

TCM Concentrate (30 capsules)

Stock No. 1017-1



Contact your local NSP Herb Specialist: